

YRRS 2015 SUMMARY

The New Mexico Youth Risk and Resiliency Survey (NM-YRRS) is a classroom-based survey used to assess health risks and protective factors among New Mexico high school and middle school students.

students participated in the 2015 YRRS

BY GENDER

Male:

Female:

Gender not reported:

BY GRADE

6th:

7th:

8th:

Other:

STRENGTHS

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AREAS OF CONCERN

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THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

PERSONAL SAFETY AND SCHOOL ENVIRONMENT

AI/AN

NM STATEWIDE

Carried a weapon (gun, knife, club)*

Been in a physical fight*

Bullied on school property*

Electronically bullied*

Always wear seat belt

WEIGHT, NUTRITION AND PHYSICAL ACTIVITY

AI/AN

NM STATEWIDE

Overweight (self-report)

Met recommended physical activity guidelines

Watched TV for 2 hours or more on school days

Non-school computer use for 2 hours or more on school days

Average number of school days with physical education per week

Ate breakfast every day past week

Average hours of sleep on school night

Seen a dentist in past 12 months

SEXUAL BEHAVIOR

AI/AN

NM STATEWIDE

Have not had sexual intercourse

Used condom last time had sex

ALCOHOL USE

AI/AN

NM STATEWIDE

Alcohol use**

Binge drinking (5 or more drinks in a few hours)**

Think youth drinking is very wrong

Rode in car driven by someone who had been drinking alcohol*

Would be very easy to get alcohol

RESILIENCY

AI/AN

NM STATEWIDE

A parent or other adult at home is interested in student's school work

Has a friend who really cares about student

There are clear rules at school about what a student can and cannot do

Participates in extracurricular activities outside of school

Has a teacher or parent who listens to student

* Ever ** Past 30 Days

YRRS 2015 SUMMARY

MENTAL HEALTH CONCERNS

AI/AN

NM STATEWIDE

Seriously considered suicide*

- Overall
- Boys only
- Girls only

Made a suicide plan*

- Overall
- Boys only
- Girls only

Attempted suicide*

- Overall
- Boys only
- Girls only

DRUG USE

AI/AN

NM STATEWIDE

Marijuana use**

Synthetic marijuana use (e.g. Spice, K2)*

Cocaine use*

Inhalant use*

Prescription drug use without a doctor's prescription*

Used a pain killer to get high*

Injected an illegal drug*

Used 2 or more illegal drugs*

* Ever ** Past 30 Days

KEY FINDINGS

THE NEW MEXICO YOUTH RISK AND RESILIENCY SURVEY

TOBACCO USE

AI/AN

NM STATEWIDE

Cigarette Use**

Used chewing tobacco, snuff or dip**

Smoked cigars or cigarillos**

Smoked tobacco in a hookah**

Used any tobacco product**

Would smoke a cigarette if offered by a friend

Electronic vapor product use**

Exposed to second-hand smoke past week

Used 2 or more tobacco products**

AMONG STUDENTS THAT SMOKED CIGARETTES PAST 30 DAYS

Average age when smoked first cigarette

Smoked cigarettes every day**

Used flavored tobacco products

Tried to quit smoking in the past year

Also used electronic vapor product**

Alcohol use**

* Ever ** Past 30 Days



Albuquerque Area Southwest Tribal Epidemiology Center

The New Mexico Youth Risk and Resiliency Survey (YRRS) is a collaborative project of the New Mexico Department of Health (NMDOH) and the New Mexico Public Education Department (PED) with support and technical assistance from the University of New Mexico Prevention Research Center (UNM PRC), the Albuquerque Area Southwest Tribal Epidemiology Center (AASTEC), and the Division of Adolescent and School Health at the Centers for Disease Control and Prevention (CDC-DASH).

For more information on the NM YRRS and to access other NM YRRS reports and fact sheets visit www.youthrisk.org or www.aastec.net